



Paid to Train Opportunity

YPAS is SEEKING TO RECRUIT

4 x Trainee IPT-A Therapists

(Interpersonal Therapy with Adolescents)



Are you passionate about supporting the mental health of children and young people?
YPAS is offering an exciting opportunity to train as a Trainee Interpersonal Psychotherapy Practitioner for Adolescents (IPT-A) while working directly with young people experiencing emotional and mental health difficulties.

This is a 12-month paid training post that includes fully funded training leading to a postgraduate qualification in IPT-A. You will receive expert clinical supervision and clinical experience as part of a multidisciplinary team committed to improving outcomes for children and young people.

Do you have a recognised CORE qualification, accredited counsellor, social worker, mental health nurse, occupational therapist. Are you looking to increase skills and competencies working in Child and Adolescent Mental Health.

Successful candidates will need to demonstrate existing knowledge and experience of working therapeutically with young people with emotional wellbeing and mental health difficulties. Experience of at least 2 years working with children and young people is essential.

Applicants without the above recognised core profession but with 4 years' experience of working in a mental health service delivering therapy will be considered for eligibility via the Knowledge, Skills, and Attitudes (KSA) framework based on that developed by the BABCP <https://babcp.com/Knowledge-Skills-Attitudes>

Post	Trainee IPT-A Therapist
Salary	NJC point 17 - £31,022
Contract	12 months fixed term
Hours	35 hours per week
Closing Date	Thursday 13/08/2026 (12pm)
Short listing	Thursday 13/08/2026
Interviews	Thursday 27/08/2026 & Tuesday 01/09/2026
Post commences	Jan 2027 (date TBC)
Training commences	Jan 2027 (date TBC)

NOTE:

Students cannot be accepted onto any training programme if they are currently undertaking studies elsewhere or registered with another university.

For an application pack please email recruitment@ypas.org.uk or for further information please contact recruitment@ypas.org.uk a member of Senior Management will give you a call.

YPAS is committed to Safeguarding and promoting the welfare of children, young people and families and expects all staff to share in this commitment.

We aim for quality services and equal opportunities for all