



Paid to Train Opportunity

YPAS is SEEKING

3 x Trainee CBT Practitioners

(Cognitive Behaviour Therapist)



Are you looking for an incredible opportunity to thrive in a dynamic and innovative work environment? Look no further! We are seeking talented and passionate individuals to join our team and make a significant impact on Children and Young People's Mental Health and Wellbeing.

Post	Trainee CBT Therapist
Salary	NJC point 20 - £31,586
Contract	12 months fixed term (Permanent pending funding and qualification)
Hours	35 Hours
Closing Date	Friday 19/09/2025 (10am)
Short listing	Friday 19/09/2025
Interviews	Thursday 25/09/25
Post commences	January 2026 Date TBC
Training commences	January 2026 Date TBC

YPAS is committed to supporting the mental health and well-being of children, young people (CYPs), and their families. If you're passionate about making a positive impact on the mental health of CYPs and enhancing their overall well-being, YPAS offers a meaningful and rewarding environment to do just that. We also provide a strong platform for both personal and professional growth, empowering you to thrive while making a difference.

Are you an accredited counsellor, social worker, mental health nurse, or occupational therapist looking to develop your skills and competencies within a Child and Adolescent Mental Health Service (CAMHS) setting? We are seeking dedicated professionals who can demonstrate a strong foundation of knowledge and experience in working therapeutically with young people facing emotional wellbeing and mental health challenges. A minimum of two years' experience working with children and young people is essential.

Applicants who do not hold one of the recognised core professions listed above but have a minimum of four years' experience working in a mental health service delivering therapy may be considered for eligibility via the Knowledge, Skills, and Attitudes (KSA) framework, based on the standards developed by the BABCP <https://babcp.com/Knowledge-Skills-Attitudes>

NOTE: Students cannot be accepted onto any training programme if they are currently undertaking studies elsewhere or registered with another university.

For an application pack, please email recruitment@ypas.org.uk quoting reference #CBT25 or for further information please contact recruitment@ypas.org.uk and a member of the Senior Management will give you a call.

YPAS is committed to Safeguarding and promoting the welfare of children, young people and families and expects all staff to share in this commitment. We aim for quality services and equal opportunities for all.