

Our Confidentiality Policy

The service we provide is confidential and we will respect your privacy. We will ask for your consent before we share information about you with other agencies.

However, if we feel that you, or someone else may be at risk, we may need to contact someone else. We would inform you of this first.

Your rights— You have the right to:

- Choose whether or not you use our service, it's voluntary
- Choose how and when you use the service
- Be treated with respect at all times
- Not to be discriminated against for any reason
- Have your cultural or religious beliefs respected
- To see any information that is kept about you
- You will be listened to and taken seriously
- Participate fully in any decisions made about you
- To decide which services are most suitable and appropriate for you

'Children have the right to say what they think should happen when adults are making decisions that affect them, and to have their opinions taken into account.'

(UNCRC – Article 12)

YPAS has 3 Hubs across Liverpool:

YPAS Central Hub
36 Bolton Street
L3 5LX
0151 707 1025

YPAS South Hub
Lyndene Road
Childwall
L25 1NG
0151 305 2030

YPAS North Hub
Croxdale Road West
Croxtheth
L14 8YA
0151 305 2040



Fax: 0151 707 1252

Email: support@ypas.org.uk Web: ypas.org.uk



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Young Person's Advisory Service

SKY

16—25 Years



Assisting young people to reach
their full potential



About the SKY project at YPAS

The SKY project is for 16-25 year olds. SKY provides informal education; issues based group work, life skills, problem solving, advocacy, employability skills, positive role models, structured youth work provision and new experiences.

SKY runs:

- **Monday 1-3pm** (All Hubs)
- **Tuesday 1-3pm** (Central Hub)
- **Wednesday 1-3pm** (Central)
- **Thursday 1-3pm** (Central Hub)
- **Friday 1-3pm** (All Hubs)

Support Team at YPAS

Works alongside CAMHS and other agencies that work with young people aged 16 to 25 years.

All young people have to deal with issues which may affect their lives and how they feel about themselves.

These issues may include:

- Depression
- Anxiety
- Debt
- Relationship worries
- Family issues
- Problems at school/college
- Low confidence or self esteem
- Sexuality / Gender Identity
- Bullying
- Mental wellbeing, self harm/self injury
- Welfare benefits advice
- Housing issues
- Isolation
- Education & training
- Health

What can SKY offer?

Sometimes in life things happen. We know we need some help and support, but we don't know where to start, who can help and what help we actually need. If you ever feel like this then YPAS can help.

The SKY project provides support, advice and guidance to young people aged 16-25 years old. YPAS offers a safe space and relaxed atmosphere with approachable and friendly staff.

If we are not the right people to help you, we can support you getting the right help.

SKY offers many different opportunities for you to join in. Activities and new experiences are offered throughout the year.

The Informal Education sessions will include:

- Drop-in
- Drug and alcohol advice (help to reduce or stop)
- Benefits advice
- Life skills
- Housing and accommodation advice
- Debt management and budgeting
- Support into education and training
- Internet access
- Laundry and shower facilities
- Group work
- Employment, CV and interview advice and support
- Citizens Advice Bureau support
- Informal education
- Education support

5 ways to well-being:

- Connect
- Be active
- Take notice
- Learn
- Give

Keeping the 5 ways of wellbeing as central, the support YPAS offers includes:

- Relaxed and friendly space
- 1 to 1 support
- Listening
- Advice
- Advocacy
- The chance to meet and socialise with other young people
- Putting you in touch with other agencies
- Working with other agencies with your consent
- Friendly and approachable staff
- Warm, safe and comfortable environment
- A service that can reach out to meet your needs
- Encourage better understanding of mental health issues
- Promoting positive mental health

